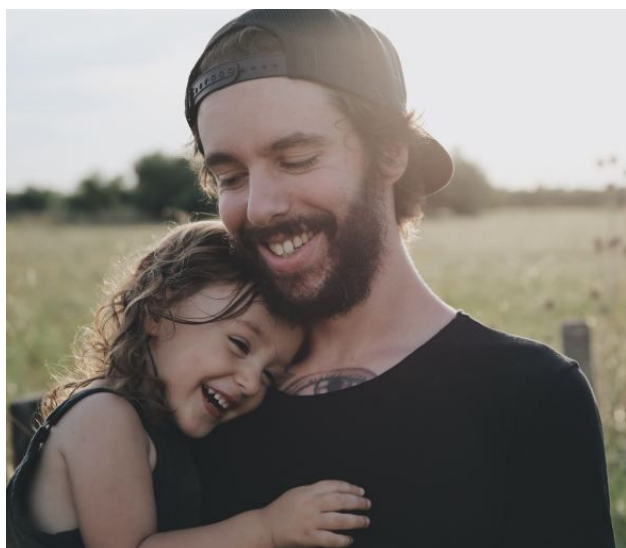


Parenting Quick Tips For Raising Children

Try these tips, have fun, and always make sure to laugh. You may be amazed at your new perspective around your relationship with your little one. Find more fun resources at WisdomWithinCt.com.



Don't be pressured into buying something you don't want to for your child

Children want lots of things from toys in claw machines to shiny objects on shelves. But, as a parent, you have the beautiful gift of teaching that money can't buy love. Being with people is what truly matters. Give rewards using love and healing touch, such as a long, cozy 30 second hug, positive compliments and praise, reading an extra bedtime book together, or going to the park and playing outside after dinner. But, don't use food as a positive reward.

How to avoid a meltdown?

In Target, Walmart, or another store, meltdowns can be embarrassing and stall an already long shopping trip. Avoid a meltdown by using this fun idea. Before you go into the store, set healthy boundaries about no meaning no. Next, show your list to your child. Say, "We only are going to buy the items right here on this list. Let's team up to find these items together." Then, when your child asks to buy a toy in an aisle, try: "That is not on our list for today's trip. Would you like to take a picture with it so we can consider it another time?"

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